

PEANUT BUTTER PROTEIN MONSTER BALLS

INGREDIENTS

- 2 cups old fashioned or rolled oats
 - 1 scoop protein powder (optional)
 - ½ cup chocolate chips
 - ½ cup m&m's
 - ½ cup honey
 - 1 teaspoon vanilla extract
 - 1 cup peanut butter (creamy or crunchy - it's up to you!)
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INSTRUCTIONS

1. Line a cookie sheet or large plate with parchment paper.
2. Combine dry ingredients (oats, protein powder, chocolate chips, and m&m's) in a large bowl.
3. Add in honey, vanilla extract, and peanut butter.
4. Mix thoroughly with a wooden spoon, spatula, or even your hands!
5. Roll mixture into 1 - 1½ inch balls and place on cookie sheet or plate. (TIP: Put some cooking spray, vegetable oil, or butter on your hands to keep the mixture from sticking to you.)
6. Store in the refrigerator. (But go ahead and eat one or two — you earned it!)