

“LAVA LAMP” IN A CUP

SUPPLIES

- 1½ cups cooking oil, like vegetable, olive, or canola oil
 - ½ cup water
 - Food coloring
 - 2 alka-seltzer tablets (Ask a grown-up to get these for you.)
 - Clear glass or cup
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INSTRUCTIONS

1. Pour oil into glass.
2. Add water.
3. Add in food coloring.
4. Carefully drop in one seltzer tablet and watch what happens.
5. After a couple minutes, add another tablet for more fun!